## Fruit and Vegetable Community Assessment



## **ACCESS TO FRUITS AND VEGETABLES**

This assessment will help you determine what is available in your community and what is needed to access quality fruits and vegetables. Take a walk through your community and fill out the *Fruit and Vegetable Community Assessment*. After you have completed the assessment, you can use the information to educate your friends, family members, neighbors, and local government officials about what is needed in your community to make it easier to get and eat more fruits and vegetables.

## **INSTRUCTIONS**

For each question, mark "yes" if a fruit and vegetable resource is available in your community; "yes, but there are some problems" if the fruit and vegetable resource is available in your community, but it needs some improvements; and "no" if it does not exist in your community. If your community has a fruit and vegetable resource, use the following rating scale to evaluate its overall condition. If your community does not have a fruit and vegetable resource, then skip to the next question and leave the rating scale blank.

Rating Scale:

1.

1 = Awful	2 = Many problems	3 = Some problems 4 :	= Good	5 = Very good	6 = Excellent
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ls t	here a grocery store in your community?	2.	ls t	here a	a farmer	s' mark	et in you	ır comn	nunity?		
O	Yes O No		O	Yes	O No	)					
O	Yes, but there are some problems:		O	Yes,	but there	e are son	ne proble	ems:			
	(Mark all that apply)		(Mark all that apply)								
	<ul> <li>The fruits and vegetables are too expensive</li> <li>The fruits and vegetables are poor quality</li> <li>The store does not have a good selection of fruits and vegetables</li> <li>The store mostly sells fruits and vegetables that are unfamiliar to me</li> <li>The store does not accept food stamps/EBT or WIC checks</li> <li>The store is not within walking distance</li> </ul>		<ul> <li>The fruits and vegetables are too expensi</li> <li>The fruits and vegetables are poor quality</li> <li>The market does not have a good selection of fruits and vegetables</li> <li>The market mostly sells fruits and vegetables that are unfamiliar to me</li> <li>The market does not accept food stamps EBT or WIC checks</li> <li>The market is not within walking distance</li> </ul>								
	of my home  O I need a car to get to the store and			my home O I need a car to get to the market and							
	I do not own one  I cannot take public transportation to			0 1							
	the store Other problems (please describe)				he marke Other pro		olease de	escribe)			
	Rating: (circle one)			- Ratir	ng: (circle	one)					
	1 2 3 4 5 6			1	2	3	4	5	6		

For more information about fruits, vegetables, and physical activity, visit us at www.cachampionsforchange.net or call 1-888-328-3483. Funded by the USDA Food Stamp Program, an equal opportunity provider and employer.



s there a flea market or swap meet in your ommunity that sells fruits and vegetables?								Is there a convenience store in your community that sells fruits and vegetables?								unity
Yes	o No	)					О	Yes	3	0	No					
Yes	s, but there	are sor	ne probl	ems:			О	Yes	s, k	out th	nere a	are sor	ne probl	ems:		
(Ma	ark all that a	apply)						(Ma	ark	all th	nat a <sub>l</sub>	pply)				
O O	The fruits The fruits The mark good sele	and veo	getables o meet do	are poor oes not h	quality nave a			O O	T	he fr he st	uits a ore c	and ved does n	getables getables ot have a stables	are po	or qu	uality
О	The mark	et/swap	meet m	ostly sell	s fruits			О	Т	he st	ore r	nostly	sells frui r to me	ts and	vege	tables
О	The mark	•			accept			0				does n C chec	ot accep ks	t food	stam	nps/
О	The mark	of my ho	ome					O	Τ	he st	ore is	s not v	nly fruit a vithin wa	_		-
О	I need a comeet and	•			wap			0		f my need			et to the	store a	nd	
О	I cannot to market/sv	vap me	et		to the			О	1	cann	ot ta	vn one ke pub	olic trans	portatio	on to	ı
О	Other pro	blems (	please d	escribe)				О		ne sto Other		olems (	please d	escribe	e)	
Ra	ting: (circle	one)							_							
1	2	3	4	5	6			Rat	ting	g: (cii	rcle c	one)				
								1		2		3	4	5		6



5.	5. Is there a community garden where you can grow your own fruits and vegetables?									hav	there restaurants in your community that re fruit and vegetable options on their								
	0		es O No							me	enus?								
	O	Yes	s, but t	here a	are som	ne proble	ems:			0	Yes	ON	0						
		(Ma	ark all t	hat a	pply)					О	Yes	, but ther	e are sor	ne proble	ems:				
		O The garden does not have							(Mark all that apply)										
6. Is		convenient hours  The garden does not have any available space The garden is full of litter The soil in the garden is contaminated The garden is not located in a safe area The garden is not within walking distance of my home I need a car to get to the garden and I do not own one I cannot take public transportation to the garden Other problems (please describe)  Rating: (circle one)  1 2 3 4 5 6										<ul> <li>The restaurants charge more for fruit and vegetable juice</li> <li>The restaurants charge more when fruits and vegetables are substituted for other side dishes</li> <li>The fruits and vegetables are poor quality</li> <li>The restaurants only serve canned fruits and vegetables</li> <li>The fruit and vegetable menu options are more expensive</li> <li>The only options for eating fruits and vegetables are the salad bars</li> </ul>							
	0	s there a food bank in your community?  O Yes O No									O	Other pr	oblems (	please d	escribe)				
	0																		
			rk all t			'					Rat	ing: (circle	e one)						
		O O	The formal amount of the foreign of the formal amount of the formal amount of the formal amou	enient  ood b  unt of  ood b  cables  ood b  nce o  d a ca  not ov  not ta  ood b  r prob	t hours bank do fruits ar bank is r bank is r bank is r f my ho ar to get vn one ke publ ank blems (p	nd vegerers poor not in a s not within me to the f	offer an a tables quality t safe area in walkin food bar portation	g ık and			1	2	3	4	5	6			
		Rat	ting: (c		,														
		1	2		3	4	5	6											

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